



# VISION & GOALS

## Values for Living—Cadet Activity Worksheet

The worksheet will help you formulate a personal vision and corresponding SMART goal. These prompts are designed to help you succeed, so be positive, honest, and optimistic.

**Vision.** Who do you want to be in 5, 10, or 50 years? What legacy do you want to leave? How would you like to be remembered at your funeral?

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**1. Specific.** Pick one part of your vision. What specific thing can you accomplish?

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**2. Measurable.** How can you measure progress to know whether you have met your goal?

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**3. Achievable.** Do you have the skills and resources required to achieve the goal? If not, can you obtain them?

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**4. Relevant.** Why am I setting this goal now? Is it aligned with overall vision?

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**5. Time-bound.** What is the deadline and is it realistic?

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**SMART Goal.** Review what you have written and craft a new SMART goal based on your answers.

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